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| Physical and Emotional Requirements Risk Assessment  Please make sure you are aware of the risks that will be present on a daily basis in this role | | | | |
| Role – Support Worker (Adult Service) | | | | |
| Risk | How often this occurs | Please sign to say you understand and that you are physically and or emotionally able to complete these tasks | Date |
| Physical |  |  |  |
| Direct face to face contact with children/students - you will be with the Hamlet users all day. | Daily |  |  |
| Manual Handling - carrying out care procedures and supporting people to move about is heavy physical demanding work. You will have to move equipment, operate hoisting machines and similar. | Daily |  |  |
| Pushing wheelchairs (the people who use The Hamlet often depend on wheelchairs to get around and care workers push wheelchairs which can be heavy.) | Daily |  |  |
| There is frequent bending, kneeling, crouching which may involve getting up and down off the floor | Daily |  |  |
| We support people with behaviours that need managing through safe holding / restraint and breakaway techniques. You will be expected to be trained and involved with this aspect of care. | As needed, depending on incidents |  |  |
| Bodily fluid exposure (vomit, faeces, urine) | Daily |  |  |
| A risk of contact with Hepatitis B | Potential |  |  |
| Working in a high energy environment | Daily |  |  |
| You will be involved with physical activities for example, swimming, walking, cycling | Daily / weekly depending on timetable |  |  |
| Frequent hand washing/wearing gloves/using sanitisers. | Daily |  |  |
| Emotional |  |  |  |
| Dealing with difficult or emotional situations | As they occur |  |  |
| Able to deal with events happening quickly and without warning | As they occur |  |  |
| Giving personal care | Daily |  |  |
| Prevention and management of aggression | As they occur |  |  |
| Handling sensitive information | Daily |  |  |
| Working in a noisy environment that may feel overwhelming if experienced for long periods | Daily |  |  |
| Other |  |  |  |
| Driving required – we have our own transport which we may require you to drive. | Daily / weekly depending on timetable and if a driver |  |  |
| Trips out into the community | Daily / weekly depending on timetable |  |  |
| You will be using computers and tablets on a daily basis as an essential part of your work. | Daily |  |  |